## Fresno Pacific University School of Humanities, Religion & Social Sciences Student Perception Inventory (SPI) Student Comments

Instructor:

Maryam Torbati

Term:

11/DSP

Course Info:

PSY 386 XVI40: Psychology: Living w/ Stress

## What were you most/least satisfactory learning or program experiences?

- The most interesting part of this class was that it helped me identify stresses that I didn't realize wore me down.
- The instructor was very knowledgeable of the topic presented. She was prepared and gave us an opportunity to share our ideas in small and large groups!
- Dr. Torbadi is an amazing teacher. I loved the living with stress class.
- Fun instructor good class
- Mrs. Torbati is a great instructor w/ a passion for her students, and their learning experience.
- Very positive
- I really enjoyed the whole class learning environment. Learning was fun and easy and all the materials and videos made the subject matter easy to remember. I really like Dr. Torbati and always learn new things in her courses.
- Dr. Torbati teaching style, keep the class involved in the class and participation. The group interaction help student learn from each other. I can't wait to take more classes with Dr. Torbati.
- Very enjoyable and enformative! Great teaching style ©
- This class was very enjoyable and well taught. I definitely learned a lot and would recommend Dr. T!
- Her teaching style is great. She really makes everyone want to get involved and give feedback/input.
- Torbati goes above and beyond. You need to make her a full time prof.
- The best course that Fresno Pacific offers. I really enjoy the way in which Dr. Torbati teaches & enteracts with the students. Many professors currently employed by F.P.U. could learn a lot about Dr. Torbati.
- I really enjoyed all of the group work Dr. Torbati is great ©
- Love, love, love Dr. Torbati classes!
- Dr. Torbati is an awesome professor & I have learned many useful ways to reduce stress in my life!
- Great class Best time managemenet!
- The class was great!! Don't change it.
- Excellent class. Informational, motivating, Inspiring!
- Mrs. Torbati rocks ©
- I took a lot of strategies away that will help me deal with stress. Class was very good.

| Term:        | Spring 2011  |      |              |          |          |          |                     |          |                 |       |
|--------------|--|------|--------------|----------|----------|----------|---------------------|----------|-----------------|-------|
|              | PSY 386 XVI40: Psychology: Living w/ Stress  |      | POI          |          |          | ·        |                     |          |                 |       |
| Faculty:     | Maryam Torbati   | 5_,  | 4            | 3        | 2        | لًـ      |                     | Total    |                 |       |
|              | OUFATION   |      | В            | يم       | Ļ        | Ļ        | None or<br>Bad Mark | Scantron | Total<br>Points | Moon  |
|              | QUESTION INCLUDE A PROPERTY OF THE PROPERTY OF | Α    | D            |          | Ü        | <u> </u> | Dad Mark            | Sheets   | Points          | Meati |
| · · · · ·    | The instructor seemed enthusiastic about the subject matter of the module.   | 32   | 0            | n        | 0        | 1        | 0                   | 33       | 161             | 4.88  |
|              | 1. The manacor accinca citational about the subject maker of the module.   | - 52 |              | ۲        | H        | H.       |                     |          | 101             | 7.00  |
| -            | The instructor appeared to have a thorough knowledge of the subject.   | 31   | 0            | 0        | -        | 1        | 1                   | 33       | 156             | 4.88  |
|              | 2. The instructor appeared to have a thorough knowledge of the subject.  | 31   | -            | ۲        | ۲        | -        | <u>'</u>            | 33       | 130             | 4.00  |
|              | The instructor seemed well prepared for class sessions.  | 24   | 4            | 0        | Ļ        | 4        | 0                   | 33       | 160             | 4.05  |
|              | 3. The instructor seemed well prepared for class sessions.   | 31   | i            | ۲        | 0        | 1        | - 0                 | 33       | 100             | 4.85  |
| <u> </u>     |  | - 04 | _            | _        | Ļ        | Ļ        |                     | 00       | 400             | 4.05  |
|              | 4. The instructor gave clear directions for assignments and activities.  | 31   | 1            | 0        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
| <u></u>      |  |      |              |          | _        | L        |                     |          |                 |       |
|              | 5. The instructor presented material clearly.  | 30   | _2           | 0        | 0        | 1        | 0                   | 33       | 159             | 4.82  |
|              |  |      |              |          |          |          |                     |          |                 |       |
|              | 6. The instructor led class discussion well.   | 30   | 2            | 0        | 0        | 1        | 0                   | 33       | 159             | 4.82  |
|              |  |      |              |          | _        |          |                     |          |                 |       |
|              | 7. The instructor encouraged students to express themselves freely.  | 31   | 1            | 0        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
| + ·n         |  |      |              |          |          |          |                     |          |                 |       |
| 3 16         | 8. The instructor was sensitive to the academic needs of students.   | 31   | 1            | 0        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
|              |  |      |              |          |          |          |                     |          |                 |       |
|              | 9. The instructor makes effective, clear comments on written work.   | 30   | 1            | 1        | 0        | 1        | 0                   | 33       | 158             | 4.79  |
|              |  |      | - ;          |          |          | Г        |                     |          | . 1             | , ,   |
|              | 10. The instructor is prompt in returning and evaluating student work.   | 30   | 1            | 1        | 0        | 1        | 0                   | 33       | 158             | 4.79  |
| -            |  |      |              | <u> </u> | Ť        |          |                     | 1.       | 4               | 1.8   |
|              | 11. The instructor encourages independent thinking and exchange of ideas.  | 32   | 0            | 0        | 0        | 1        | 0                   | 33       | 161             | 4.88  |
|              | The manactor encourages macpenaem annum and exonange or meas.  | - 52 | <del>-</del> |          | Ť        | ŀ        |                     | - 00     |                 |       |
|              | 12. The instructor respects students' opinions.  | 32   | ^            | 0        | -        | 1        | 0                   | 33       | 161             | 4.88  |
|              | 12. The instructor respects structures opinions.   | 32   |              | ۲        | ۳        |          |                     | 33       | 101             | -     |
| <u> </u>     | do The best standard and a standard  | 0.4  | _            | Ļ        | Ļ        | _        |                     | 22       | 400             | 4.65  |
|              | 13. The instructors' personal faith was evident.   | 31   | 1            | U        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
| -            |  |      |              | -        | Ļ        | L.       |                     |          | 100             | 4 5 5 |
|              | 14. The instructor gave attention to concerns of the Christian faith when relevant.  | 31   | _1           | 0        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
|              |  |      |              | _        | _        | _        |                     |          |                 | 6.50  |
|              | 15. The instructor assigned grades fairly.   | 31   | 1            | 0        | 0        | 1        | 0                   | 33       | 160             | 4.85  |
|              | 4  |      |              |          | _        |          |                     |          |                 |       |
|              | 16. The module's objectives were clearly stated.   | 32   | 0            | 0        | 0        | 1        | 0                   | 33       | 161             | 4.88  |
|              |  |      |              |          |          | L        |                     |          |                 |       |
|              | 17. The textbooks were a valuable component of the course.   | 29   | 2            | 1        | 0        | 1        | 0                   | 33       | 157             | 4.76  |
|              |  |      |              |          |          | L        |                     |          | ł.              |       |
|              | 18. The assignments were valuable in achieving the objectives of the module.   | 31   | _1           | ,0       | 0        | 1        | 0                   | 33       | 160             | 4.85  |
|              |  |      |              | L        |          |          |                     |          | 1)              |       |
|              | 19. The class sessions provided information that was useful in the module.   | 30   | 2            | 0        | 0        | 1        | 0                   | 33       | 159             | 4,82  |
| <u> </u>     |  |      |              |          |          |          |                     |          | •               | 4.5   |
| _            | 20. I was inspired to think about organizations in new ways.   | 31   | 1            | 0        | 0        | 1        | 0                   | 33       | 160             | 4,85  |
| 1            |  |      |              |          |          |          |                     |          |                 |       |
| ß.           |  |      |              | پَـا     |          |          |                     |          |                 |       |
| ·            | Totals   | 617  | 19           | 3        | 0        | #        | 1                   | 660      | 3190            | 4.84  |
| -            | :  |      | _            | -        |          | $\vdash$ |                     |          |                 |       |
| 3            | Note: Mean is calculated by the following formula:   |      | -            | $\vdash$ | ┝        | $\vdash$ |                     |          |                 | 6 A*  |
| <del> </del> | Mean = Total Points divided by (total possible answers minus bad or missing marks )  |      |              |          | $\vdash$ | -        |                     |          |                 |       |
|              |  |      | <u> </u>     |          |          | _        | ,                   |          |                 |       |

| Term:    | Spring 2011  |              |          | <u> </u> |           |          |          |          |        |      |
|----------|--|--------------|----------|----------|-----------|----------|----------|----------|--------|------|
|          | PSY 384 XVI20: The Art of Motivation   |              | POI<br>4 |          |           |          |          | Total    |        |      |
| Faculty: | Maryam Torbati   | 3            | 4        | <u>ئ</u> | _         | <u> </u> | None or  | Scantron | Total  |      |
| -        | QUESTION   | A.           | B        | C        | D         | E        | Bad Mark | Sheets   | Points | Mean |
| _        | A MANAGEMENT AND A STATE OF THE |              |          |          |           |          |          |          |        |      |
|          | 1. The instructor seemed enthusiastic about the subject matter of the module.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          |           | Ш        |          |          |        |      |
|          | 2. The instructor appeared to have a thorough knowledge of the subject.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          | L        |           |          |          |          |        |      |
|          | 3. The instructor seemed well prepared for class sessions.   | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          | Ц         | Ц        |          |          |        |      |
|          | 4. The instructor gave clear directions for assignments and activities.  | 21           | 0        | 0        | 0         | 0        | . 0      | 21       | 105    | 5.00 |
|          |  |              |          |          |           |          |          |          |        |      |
| ļ        | 5. The instructor presented material clearly.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          |           | Ц        |          |          |        |      |
| <b></b>  | 6. The instructor led class discussion well.   | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          |           | Ц        |          |          |        |      |
|          | 7. The instructor encouraged students to express themselves freely.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          |           | $\sqcup$ |          |          |        |      |
| , ; ,    | 8. The instructor was sensitive to the academic needs of students.   | 21           | 0        | 0        | 0         | 9        | 0        | 21       | 105    | 5.00 |
|          |  |              |          |          |           | Ц        |          |          |        |      |
|          | 9. The instructor makes effective, clear comments on written work.   | 21           | 0        | 0        | 0         | 의        | 0        | 21       | 105    | 5.00 |
|          | ,  |              |          | _        | _         |          |          |          |        | 1.22 |
|          | 10. The instructor is prompt in returning and evaluating student work.   | 20           | 0        | 1        | 0         | 0        | 0        | 21       | 103    | 4.90 |
|          |  |              |          |          |           |          |          |          |        | 7.2  |
|          | 11. The instructor encourages independent thinking and exchange of ideas.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          | Ļ        | _         |          |          |          | -      |      |
|          | 12. The instructor respects students' opinions.  | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          | 4  |              | _        | _        |           |          |          |          | ¥*     | 7.1  |
|          | 13. The instructors' personal faith was evident.   | 21           | 0        | 0        | 0         | 0        | 0        | 21       | 105    | 5.00 |
|          |  |              |          | Ļ        | 4         | 4        |          |          | 151    | 71   |
|          | 14. The instructor gave attention to concerns of the Christian faith when relevant.  | 21           | 0        | 0        | 0         | 9        | 0        | 21       | 105    | 5.00 |
|          | AC TILL ( ) A CALL A CALL  |              | _        | Ļ        |           |          |          |          | 405    | 5.00 |
| 1        | 15. The instructor assigned grades fairly.   | 21           | 0        | 0        | U         | 0        | 0        | 21       | 105    | 5.00 |
|          | 4C. The modulate objective was absoluteful   | 21           |          | 0        | _         | 0        | 0        | 21       | 105    | 5 00 |
|          | 16. The module's objectives were clearly stated.   | 21           | U        | ۲        | ۷         | ۷        | U        |          | 105    | 5.00 |
|          | 17. The textbooks were a valuable component of the course.   | 19           | _        | <u>_</u> | 0         | _        | 0        | 21       | 101    | 4.81 |
|          | 17. The textbooks were a valuable component of the course.   | 19           | 0        | -        | U         | -        | U        |          | 101    | 4.01 |
|          | 18. The assignments were valuable in achieving the objectives of the module.   | 21           | 0        | Ļ        | 0         | ┪        | 0        | 21       | 105    | 5.00 |
|          | 10. The assignments were valuable in achieving the objectives of the module.   | - 21         | U        | ٧        | ٠         | ۲        | U        | 21       | 103    | 3.00 |
|          | 19. The class sessions provided information that was useful in the module.   | 21           | 0        | _        | 0         |          | 0        | 21       | 105    | 5.00 |
|          | 13. The class sessions provided information that was decid in the module.  | 21           |          | ۲        | ۲         | ۳        | - 4      | - 41     | 100    | 3.00 |
|          | 20. I was inspired to think about organizations in new ways.   | 21           | 0        | <u></u>  | 0         | 닊        | 0        | 21       | 105    | 5.00 |
|          | 20. I was mayned to timik about organizations in new ways.   | 41           |          | $\vdash$ | -         | Н        | U        | 21       | 100    | 3.00 |
|          |  |              |          |          |           |          |          |          |        |      |
|          | · Totals   | 417          | 0        | 3        | 0         | 0        | 0        | 420      | 2094   | 4.99 |
|          |  |              |          | $\sqcup$ |           | Ц        |          |          | ,      |      |
|          | Note: Mean is calculated by the following formula:   | <del> </del> | _        | -        | $\dashv$  | $\dashv$ |          |          |        |      |
|          | Mean = Total Points divided by (total possible answers minus bad or missing marks )  |              |          | $\vdash$ | $\forall$ | Н        |          |          |        |      |